

www.hhfr.org
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BECK MEDICAL CENTRE

Reversing the Brain
Drain: Expanding
specialized care to
Rwanda and the
East Africa region.

Why

In May of 2015, my wife Cairn and I were working in Rwanda and on a Friday afternoon my wife started having chest pain and we went to the Emergency room of one of the best hospitals in Rwanda for assessment. We didn't really get the treatment we were looking for as there was no in depth cardiac assessment capability available. I finally connected with one of the two cardiologists in Rwanda and after a quick assessment he prescribed some nitrites medications and sent her home. By being a cardiac nurse for an extensive period of time, I knew there was more to this sudden chest pain than what was showing on the EKG. Even though it was interpreted as normal I was not convinced that we should settle for that.

So that evening we made arrangements to leave the country as quickly as possible to return to the USA to seek further treatment. It was a very stressful and anxiety producing trip as we didn't know how serious her condition was. As soon as we got in the USA, we went to Emergency Room where she was admitted to the hospital under the care of cardiologists. A complete battery of cardiac and other assessments were done, including a cardiac stress test, a CT scan to look for pulmonary emboli, serial ECG tracings and multiple laboratory diagnostics. The next day she had a heart catheterization and it was found that 75% of her Left Anterior Descending artery was occluded. A cardiac stent was placed and she was discharged within 24 hours on an ongoing cardiac regimen. Now she is back to work full time and feeling fine, although her cardiac status is monitored regularly.

I do not want to paint the other scenario if we did not have a choice to come to get the cardiac care services but definitely she will not be here today to continue to contribute in society. Mostly I am blessed that I did not lose my love, my friend and my wife.

I want to contribute to my country of birth so that the mothers and fathers, sisters and brothers, husbands and wives of others have the chance to receive the highest quality cardiac care when a cardiac event happens.

Vianney Ruhumuliza RN, MSN.
Chairman & CEO
Helping Hands for Rwanda (HHFR)





About

Beck Medical Center seeks to offer the highest quality cardiac care in Rwanda, offering advanced cardiac care, diagnosis, and treatment in the fields of cardiac services. Beck Cardiac Center serves primarily Rwanda and later on it will expand to the East African Community. The Beck Medical Center also ensures that visitors can access world-class cardiac care if needs arise while they are doing business or traveling in Rwanda.

Our aim is to build up on the trust and respect that our patients and their families place in us, based on our cardiac care delivery. Excellence in diagnosis and treatment, is our promise.

Vision

The center will serve Rwanda and later on it will expand to the entire East African Community. It will ensure that visitors can get the care if needed while they are doing business or traveling in Rwanda.

We envision a robust and effective Beck Cardiac Centre offering the highest quality cardiac care in the region. It is the premier centre and resident training center of choice, within Rwanda, regarding cardiac diseases. Ongoing quality improvement and continuing education will be indispensable cornerstones for building a strong and respected institution that is valued by the community and celebrated internationally.

Mission

We believe that personal attention to patient service and a solid commitment to ethical business dealings will establish Beck Medical Centre as the premier Health Centre of choice within Rwanda.

Our mission is to establish the Beck Medical Centre in Rwanda so that it is sustainable to care for cardiac disease in the country while maintaining international standards for cardiac care. The cornerstone of the Beck Medical Center is to provide world-class cardiac care in Rwanda.

“I want to make sure that Rwanda has the best health care possible, so I am enlisting the best cardiologists I know and they are here at McLaren Northern Michigan,”

Vianney Ruhumuliza.

Our reputation will be built upon the trust and respect that our patients and their families place in us, based on our commitment to excellence in diagnosis, treatment, patient care and recovery.





Service Offering

Beck Medical Center contributes to the sustainability and long-term capacity development of future cardiology in Rwanda through our education center focusing on evidence-based clinical practice for cardiac care and other supporting allied health professionals.

Areas of Services:

Pulmonary Hypertension
Congestive Heart Failure
Heart Arrhythmias
Comprehensive Vascular Treatment
Outpatient Imaging

Services Offered at the Centre:

Consultation with a Preventive Cardiologist
ECG, Stress test, 2D - Echo
ECG monitored Exercise under medical supervision
Had a heart attack
Chest pain & angina
Family history of heart disease
High blood pressure
Overweight
High cholesterol levels
Heart failure
Smoking/tobacco use
Reduce or eliminates the risk of future heart diseases.
Improves heart strength & function

Reduce Blood Pressure
Reduce Cholesterol levels
Improve Diabetes
Weight loss
Improved physical fitness and energy levels
Improved management of stress
Increased ability to perform job or tasks

The Beck Medical Centre will provide international standards of cardiac care and surgery services that will enhance the health system in Rwanda, it will also help to build capacity by functioning as a resident training facility and attracting highly skilled healthcare professionals to the country.

Building the Centre

Site

Beck Medical Centre has acquired a plot of land in Nyamata. Twenty two Kilometers from the city of Kigali. It is intended that on this site, the centre will be developed in phases. The first phase being a complete functioning clinic.



Operations of the Centre

Beck Medical Centre is a subsidiary of Helping Hands for Rwanda (HHFR) a US registered 501c3 non-profit organization since 2006. It is governed by an appointed Board of Directors.

The Boards

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Co-Founder, Chairman of HHFR



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