

# <u>Why</u>

In May of 2015, my wife Cairn and I we were working in Rwanda and on a Friday afternoon my wife started having chest pain and we went to the Emergency room of one of the best hospitals in Rwanda for assessment. We didn't really get the treatment we were looking for as there was no in depth cardiac assessment capability available. I finally connected with one of the two cardiologists in Rwanda and after a quick assessment he prescribed some nitrites medications and sent her home. By being a cardiac nurse for an extensive period of time, I knew there was more to this sudden chest pain than what was showing on the EKG. Even though it was interpreted as normal I was not convinced that we should settle for that.

So that evening we made arrangements to leave the country as quickly as possible to return to the USA to seek further treatment. It was a very stressful and anxiety producing trip as we didn't know how serious her condition was. As soon as we got in the USA, we went to Emergency Room where she was admitted to the hospital under the care of cardiologists. A complete battery of cardiac and other assessments were done, including a cardiac stress test, a CT scan to look for pulmonary emboli, serial ECG tracings and multiple laboratory diagnostics. The next day she had a heart catheterization and it was found that 75% of her Left Anterior Descending artery was occluded. A cardiac stent was placed and she was discharged within 24 hours on an ongoing cardiac regimen. Now she is back to work full time and feeling fine, although her cardiac status is monitored regularly.

I do not want to paint the other scenario if we did not have a choice to come to get the cardiac care services but definitely she will not be here today to continue to contribute in society. Mostly I am blessed that I did not lose my love, my friend and my wife.

I want to contribute to my country of birth so that the mothers and fathers, sisters and brothers, husbands and wives of others have the chance to receive the highest quality cardiac care when a cardiac event happens.

Vianney Ruhumuliza RN, MSN. Chairman & CEO Helping Hands for Rwanda (HHFR)





### **Vision**

The center will serve Rwanda and later on it will expand to the entire East African Community. It will ensure that visitors can get the care if needed while they are doing business or traveling in Rwanda.

We envision a robust and effective Beck Cardiac Centre offering the highest quality cardiac care in the region. It is the premier centre and resident training center of choice, within Rwanda, regarding cardiac diseases. Ongoing quality improvement and continuing education will be indispensable cornerstones for building a strong and respected institution that is valued by the community and celebrated internationally.

### **Mission**

We believe that personal attention to patient service and a solid commitment to ethical business dealings will establish Beck Medical Centre as the premier Health Centre of choice within Rwanda.

Our mission is to establish the Beck Medical Centre in Rwanda so that it is sustainable to care for cardiac disease in the country while maintaining international standards for cardiac care. The cornerstone of the Beck Medical Center is to provide world-class cardiac care in Rwanda.





## **Service Offering**

Beck Medical Center contributes to the sustainability and long-term capacity development of future cardiology in Rwanda through our education center focusing on evidence-based clinical practice for cardiac care and other supporting allied health professionals.

Areas of Services:

Heart failure

Smoking/tobacco use

Improves heart strength & function

Pulmonary Hypertension
Congestive Heart Failure
Heart Arrhythmias
Comprehensive Vascular Treatment
Outpatient Imaging

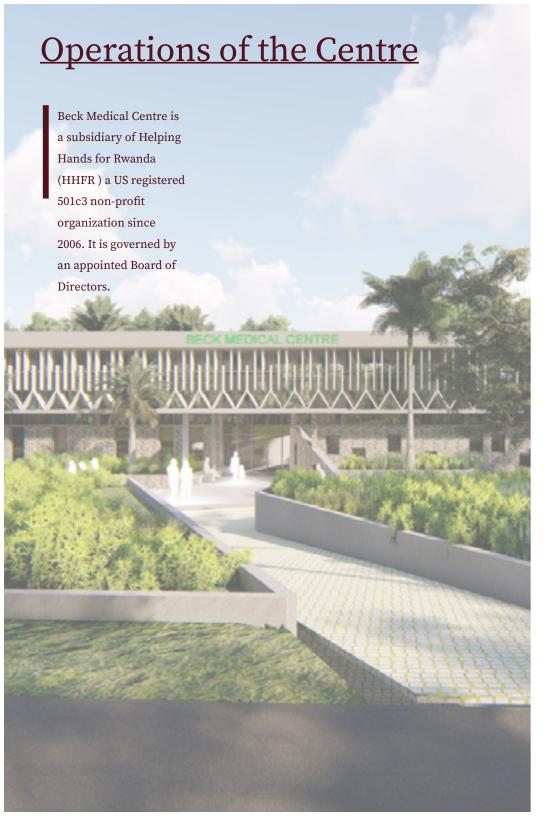
Services Offered at the Centre:
Consultation with a Preventive Cardiologist
ECG, Stress test, 2D - Echo
ECG monitored Exercise under medical supervision
Had a heart attack
Chest pain & Langina
Family history of heart disease
High blood pressure
Overweight
High cholesterol levels

Reduce or eliminates the risk of future heart diseases.

Reduce Blood Pressure
Reduce Cholesterol levels
Improve Diabetes
Weight loss
Improved physical fitness and energy levels
Improved management of stress
Increased ability to perform job or tasks

The Beck Medical Centre will provide international standards of cardiac care and surgery services that will enhance the health system in Rwanda, it will also help to build capacity by functioning as a resident training facility and attracting highly skilled healthcare professionals to the country.

# **Building the Centre** Site Beck Medical Centre has acquired a plot of land in Nyamata. Twenty two Kilometers from the city of Kigali. It is intended that on this site, the centre will be developped in phases. The first phase being a complete functioning clinic. Future expansion **Parking** Front Garden **Vehicular Entry**<sub>+</sub> -Pedestrian Entry



### The Boards

#### **Board of Directors**



Vianney Ruhumuliza, RN, MSN Co-Founder, Chairman of HHFR



Dalton Miranda MD, Cardiologist



Mark C. Antonishen MD, FACP



Ms Janelle Ruhumuliza



Dr. Obed Bashora Rutebuka

#### **Advisory Board**

Dr. Chris Akins, Thoracic Surgeon Dr. Merry E. Sebelik, Head & Neck surgeon Dr. Hall Fletcher, Head & Neck surgeon

#### **HHFR Ambassadors**

Peter Tarvudd, Home Designs and Developments Mrs Mary Warren, Mrs Sharon Gadowski

### **Founding Board**

Vianney Ruhumuliza, RN, MSN Co-Founder, Chairman of HHFR

Mrs Agnes Uwayezu, RN, MSN Co-Founder, Director of Nursing at KFH

Mr. Jean Claude Musengimana, RN, MS Co-Founder, Coordinator at the UN

Ms. Josephine Murekezi RN, Midwife Co-Founder, Liaison of Midwifery in Rwanda